

ACCURACY AND EFFICIENCY OF FINITE ELEMENT HEAD MODELS: THE ROLE OF FINITE ELEMENT FORMULATION AND MATERIAL LAWS

**Marcos S. Gomes^{1,2}, Gustavo P. Carmo¹, Mariusz Ptak³, Fábio A. O. Fernandes^{1,2},
Ricardo J. Alves de Sousa^{1,2}**

¹ *Centre for Mechanical Technology and Automation (TEMA), Department of Mechanical Engineering,
Campus Universitario de Santiago, University of Aveiro, Aveiro, Portugal*

² *LASI—Intelligent Systems Associate Laboratory, Guimaraes, Portugal*

³ *Faculty of Mechanical Engineering, Wroclaw University of Science and Technology, Wroclaw, Poland*

marcosgomes@ua.pt; rsousa@ua.pt; gustavopcarmo@ua.pt; mariusz.ptak@pwr.edu.pl; fabiofernandes@ua.pt

KEY-WORDS: brain model, finite element, finite element technology, traumatic brain injury

1 INTRODUCTION

Traumatic brain injury (TBI) represents a major public health concern due to its high mortality and disability rates. Finite element head models (FEHM) are crucial tools for studying brain mechanics under impact scenarios. This study compares different finite element formulations and material models to optimize both accuracy and computational efficiency in head trauma simulations [1].

2 METHODS

2.1 FINITE ELEMENT MODELING

Two distinct finite element formulations were applied to improve the head model: one using second-order tetrahedral elements, and another employing first-order hexahedral elements. The models were evaluated in terms of computational cost and their ability to replicate experimental data [2].

2.2 BRAIN TISSUE MATERIAL MODELS

Two different material models were implemented in the study: the Rashid et al. model, based on hyper-viscoelastic properties [3], and the more recent Menichetti et al. characterization, using a neo-Hookean viscoelastic assumption [4]. Both models were tested under rotational loading to assess their suitability for traumatic brain injury simulations.

2.3 BRAIN TISSUE MATERIAL MODELS

The FEHM was validated against well-established experimental results from the Nahum et al. (intracranial pressure) [5] and Hardy et al. (brain displacement) [6] experiments. These experiments provided key insights into the performance of the models and helped identify the most efficient and accurate approach. Figure 1 highlights the brain geometry and mesh properties used in the simulations.

3 FIGURES AND TABLES

Figure 1 presents the hexahedral mesh generated for the brain model, which was essential in improving computational performance. As shown in Figure 1 of the original article, the brain mesh highlights critical regions of interest, allowing for more accurate predictions of brain behavior during trauma simulations.

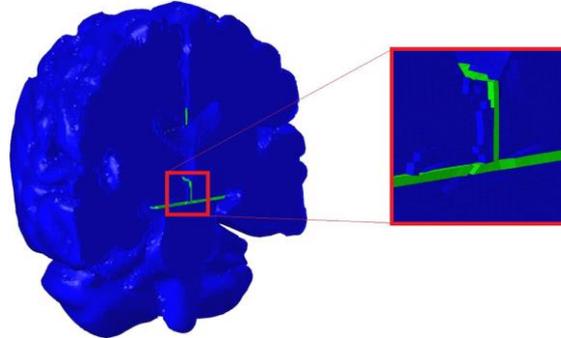


Figure 1 – Highlight on connection areas in the brain to obtain the full brain geometry [7].

Additionally, Table 1 compares the computational efficiency between different element types used in the study. As seen in Table 1 below, first-order hexahedral elements, especially in Model 2, significantly reduced CPU time compared to tetrahedral elements [2].

Table 1 - Comparison between different models regarding simulation time [7].

Model	Number of elements	Number of Nodes	Cpu Time (s)
Fernandes et al. (C3D10M)	836,328	1,175,577	41,720
Model 1 (C3D8R)	1,367,346	1,462,952	49,479
Model 2 (C3D8R)	720,288	875,358	18,608

This study concludes that first-order hexahedral elements, coupled with advanced integration techniques, provide the best balance between computational efficiency and accuracy for FEHMs.

ACKNOWLEDGEMENTS

This work was supported by the Portuguese Science Foundation (PTDC/EME-EME/1239/2021, UIDB/00481/2020, UIDP/00481/2020) and the European Regional Development Fund (CENTRO-01-0145-FEDER-022083).

REFERENCES

- [1] Fernandes FA, de Sousa RJA. Head injury predictors in sports trauma—a state-of-the-art review. *Proc Inst Mech Eng H*. 2015;229(8):592-608.
- [2] F.A.O. Fernandes, R.J.A. de Sousa, and M. Ptak, "Development and validation of a new finite element human head model: yet another head model (YEAHM)," *Eng. Comput.*, vol. 35, pp. 477-496, 2018.
- [3] B. Rashid, M. Destrade, and M. Gilchrist, "Mechanical characterization of brain tissue in compression at dynamic strain rates," *J Mech Behav Biomed Mater.*, vol. 10, pp. 23-38, 2012.
- [4] A. Menichetti, D.B. MacManus, and M.D. Gilchrist, "Regional characterization of the dynamic mechanical properties of human brain tissue by microindentation," *Int J Eng Sci.*, vol. 155, p. 103355, 2020.
- [5] A. Nahum and R. Smith, "Experimental model for closed head impact injury," *Proceedings of the Stapp Car Crash Conference*, vol. 20, pp. 785-814, 1976.
- [6] W.N. Hardy, C.D. Foster, and M.J. Mason, "Investigation of head injury mechanisms using neutral density technology and high-speed biplanar x-ray," *SAE Technical Paper*, vol. 45, pp. 293-306, 2001
- [7] Gomes MS, Carmo GP, Ptak M, Fernandes FAO, Alves de Sousa RJ. Accuracy and efficiency of finite element head models: The role of finite element formulation and material laws. *Int J Numer Method Biomed Eng*. 2024